



## Quality of Life Check-in Questionnaire

<b>1. What is your pet currently eating and how often?</b> Circle current appetite level from none (0) to always eats well (5)	0	1	2	3	4	5
<b>2. What is your pet's ability to get around on their own? What challenges does he/she have?</b> Circle current mobility level from can't walk on their own (0) to normal mobility (5)	0	1	2	3	4	5
<b>3. Is your pet interacting with the family and engaging in their normal activities?</b> Circle current social involvement from none (0) to normal activity (5)	0	1	2	3	4	5
<b>4. How is your pet able to manage their bathroom behavior and self-grooming?</b> Circle bathroom behavior from no control (0) to full control (5)	0	1	2	3	4	5
<b>5. What causes your pet pain?</b> Circle current pain level from constant pain (0) to no pain at all (5)	0	1	2	3	4	5
<b>Total Score From questions 1 - 5</b> Use this number to reference the guidelines below						

General Guidelines (these are only numbers and a guide for decision making and should not be the deciding factor whether to continue to treat your pet or say goodbye):

- 0-5: very poor quality of life overall- need to implement alternative treatments and hospice protocol or consider humane euthanasia**
- 5-10: very compromised quality of life - need to implement alternative treatments and hospice protocol or consider humane euthanasia**
- 10-15: decreased quality of life - consider alternative treatments and hospice protocol or humane euthanasia**
- 15-20: acceptable overall quality of life- consider alternative treatments and hospice protocol to achieve good quality of life**
- 20-25: good quality of life- continue current treatments or consider alternative treatments and hospice protocol to maintain good quality of life**

Some people find value in comparing their subjective score for quality of life to the questionnaire results above, this can be done by asking the animal's caregiver:

**How would you assess your pet's current overall quality of life?**  
 from no quality of life at all (0) to full quality of life (5) \_\_\_\_\_ x 5 = \_\_\_\_\_ subjective score  
 Multiplying this number by 5 gives you a subjective score.

(This is just to see how your objective assessment compares to your subjective assessment and should not be used as the number to interpret the general guidelines above)